



**KARATE CLASS FOR ALL AGES AND ABILITY LEVELS –**  
**After school at Sardis Elementary School**

Activity Date: **Fridays 2:30-3:30pm (Session #1 = September 21<sup>st</sup> to November 30<sup>th</sup>)**  
Location: **Sardis Elementary School Gym** Sponsor Teacher: **Don Sharp (& Mr. Bloch)**  
Cost: **\$50 per session (paid in advance)** Students will need to bring: **PE clothing**

*Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting risk of an accident occurring, and agree that this activity, as described above, is suitable for your child.*

**Who is the instructor? Don Sharp, Valley Shidokan JKA Karate-Do**

Don Sharp's competitive career is exceptional. He was the World Champion in 1996, silver medalist in 1997, and top 5 in another half dozen additional World level events. He has been Canadian National champion a record 14 times. He has an additional 12 medals at the national level. He has received the National Martial Arts Athlete of the Year award three times.

Equally impressive, and more important to instruction at Sardis Elementary, is his instructional history. He has been the Canadian national coach several times, and he has been a guest instructor for the U.S. and Australian national teams, as well. He has taught all over Canada as one of the most senior representatives of the world renowned JKA association. He has had a Karate club here in Chilliwack for over 30 years. He has created over 100 black belts directly and indirectly throughout his instructional career. Further, he has produced several National and International medalists and instructors through Valley Shidokan Karate club. He frequently teaches at Harvard University, Concordia University, Calgary, Montreal, New York, and all over BC.

Don is a Rokudan (6<sup>th</sup> degree black belt) with the following JKA credentials: International "A" instructor, International "B" level examiner, International "B" level referee. Further, he has been given "special rights" from headquarters as a licensed examiner for giving black belt exams, and is the only Canadian that also extends those special rights to giving others instructor qualifications and referee qualifications.

**What is JKA?** The JKA (Nihon Karate Kiyokai/ Japan Karate Association) is the single largest and most prestigious Martial Arts association in the World. It is practiced in over 100 countries, and is the recognized authority on traditional Karate World Wide. Its instructor's course is unique and has given the association status with many governments and schools throughout the World. It is an extensive and intensive course to produce not only the strongest Martial artists in the World, but educated individuals that can pass on the traditions, technical points and philosophy of the art as well.

**"Character, Sincerity, Effort, Respect, Self-Control"**

I give \_\_\_\_\_ (full name of student) permission to participate in the Karate Club described above, to be held every Friday after school at Sardis Elementary School. I understand that my child may be exposed to certain risks while participating in this activity and that accidents and injuries may occur.

**Student's Care Card Number:** \_\_\_\_\_

Medical Information (please include any medical or health concerns):

**Signature of Parent/Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

**Printed name of Parent/Guardian** \_\_\_\_\_

**Home Phone #** \_\_\_\_\_ **Work Phone #** \_\_\_\_\_ **Cell Phone #** \_\_\_\_\_

\_\_\_\_\_  
**Alternate (Local) Contact Name** \_\_\_\_\_ **Home Phone #** \_\_\_\_\_ **Work Phone #** \_\_\_\_\_ **Cell Phone #** \_\_\_\_\_