Mr. Hunt’s Reading Extravaganza Challenge # 40 :

**Much-Needed Panacea Books for Our Times, List B**

**Self-Regulation for the Nation: Pursuing Peace and Calm...**

*Special Note:* Life moves pretty quickly—even for kids! Sometimes they need help to slow down, work through agitation, and find inner peace, quiet contemplation, and calm relaxation...just doing nothing...or noticing the little things, the moments of magic around us—this list celebrates that vital need.

*To complete this challenge you may want to get books from the public library as well as the school library...multiple kids may be working on these books and we don’t always have multiple copies.*

YOU CAN READ THE BOOKS IN ANY ORDER...you don’t have to start at #1 and go down...

*If you complete this challenge, and get this form fully filled in, and get your parent/guardian’s signature, you will be able to come the Library to choose one free REWARD BOOK to keep for your own collection.*

Students are allowed and encouraged to work on more than one Challenge...keep on reading!

<table>
<thead>
<tr>
<th>#</th>
<th>TITLE of book...</th>
<th>Call number (where in the Library)</th>
<th>Adult witness (check mark)</th>
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</thead>
<tbody>
<tr>
<td>1.</td>
<td><em>Where the Wild Things Are</em>, by Maurice Sendak</td>
<td>PIC SEN</td>
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<tr>
<td>2.</td>
<td><em>Little Bird</em>, by Germano Zullo</td>
<td>PIC ZUL</td>
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<td>3.</td>
<td><em>Silence</em>, by Lemniscates</td>
<td>PIC LEM</td>
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<tr>
<td>5.</td>
<td><em>What Does It Mean To Be Present?</em> by Rana DiOrio</td>
<td>PIC RAN</td>
<td></td>
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</tbody>
</table>
6. One of the **yoga**-themed books (*circle* the one you read)
   - Babar’s Yoga for Elephants, by Laurent de Brunhoff
   - *Or, My Daddy is a Pretzel*, by Baron Baptiste
   - *Or, Emily and the Big Om*, by Sarah Lolley


8. The Loud Book
9. The Quiet Book, both by Deborah Underwood


11. *Bluebird*, by Bob Staake

12. *Sourpuss and Sweetie Pie*, by Norton Juster


14. *Yesterday I Had The Blues*, by Jeron Ashford Frame

15. *What Does Peace Feel Like?*, by Vladimir Radunsky

16. *The Story of Ferdinand*, by Munro Leaf

17. *Discovering Nature’s Alphabet*, by Krystina Castella

18. *Everybody Needs A Rock*, by Byrd Baylor

19. *The Sense of Wonder*, by Rachel Carson

20. *Sidewalk Flowers*, by JonArno Lawson

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**Please Note:** the books on this list are in no particular order...just great books that I wrote down as they popped into my head...

**Hot Tip:** if you like any particular book on this list, then do an author search on a library database—there will be more fabulous books by that author!

**DON'T FORGET TO GET...** Parent Signature: ____________________________