

(PSSSTTT: look for plain green tape) Student Name: \_\_\_\_\_.

## Mr. Hunt's Reading Extravaganza Challenge # 40 :

### *Much-Needed Panacea Books for Our Times, List B*

#### *Self-Regulation for the Nation: Pursuing Peace and Calm...*

**Special Note:** Life moves pretty quickly—even for kids! Sometimes they need help to slow down, work through agitation, and find inner peace, quiet contemplation, and calm relaxation...just doing nothing...or noticing the little things, the moments of magic around us—this list celebrates that vital need.

\*To complete this challenge you may want to get books from the public library as well as the school library...multiple kids may be working on these books and we don't always have multiple copies.

**YOU CAN READ THE BOOKS IN ANY ORDER**...you don't have to start at #1 and go down...

***If you complete this challenge, and get this form fully filled in, and get your parent/guardian's signature, you will be able to come the Library to choose one free REWARD BOOK to keep for your own collection.***

Students are allowed and encouraged to work on more than one Challenge...keep on reading!

#	TITLE of book...	Call number (where in the Library)	Adult witness (check mark)
1.	<i>Where the Wild Things Are</i> , by Maurice Sendak	PIC SEN	
2.	<i>Little Bird</i> , by Germano Zullo	PIC ZUL	
3.	<i>Silence</i> , by Lemniscates	PIC LEM	
4.	<i>Cookies: Bite-size Life Lessons</i> , by Amy Krouse Rosenthal	PIC ROS	
5.	<i>What Does It Mean To Be Present?</i> by Rana DiOrio	PIC RAN	

6.	One of the <b>yoga</b> -themed books ( <u>circle</u> the one you read)...  Babar's Yoga for Elephants, by Laurent de Brunhoff Or, <i>My Daddy is a Pretzel</i> , by Baron Baptiste Or, <i>Emily and the Big Om</i> , by Sarah Lolley	PIC deB B blue bin PIC LOL	
7.	<i>When Sophie Gets Angry, Really, Really Angry</i> , by Molly Bang	PIC BAN	
8.	The Loud Book	PIC	
9.	and The Quiet Book, both by Deborah Underwood	UND	
10.	<i>Peace</i> , by Wendy Anderson Halperin	PIC HAL	
11.	<i>Bluebird</i> , by Bob Staake	Stories Without Words	
12.	<i>Sourpuss and Sweetie Pie</i> , by Norton Juster	PIC JUS	
13.	<i>This Plus That: Life's Little Equations</i> , by Amy Krouse Rosenthal	PIC ROS	
14.	<i>Yesterday I Had The Blues</i> , by Jeron Ashford Frame	PIC FRA	
15.	<i>What Does Peace Feel Like?</i> , by Vladimir Radunsky	PIC RAD	
16.	<i>The Story of Ferdinand</i> , by Munro Leaf	PIC MUN	
17.	<i>Discovering Nature's Alphabet</i> , by Krystina Castella	A,B,C shelf	
18.	<i>Everybody Needs A Rock</i> , by Byrd Baylor	First Nations	
19.	<i>The Sense of Wonder</i> , by Rachel Carson	508 CAR	
20.	<i>Sidewalk Flowers</i> , by JonArno Lawson	Stories Without Words	

**Please Note:** the books on this list are in no particular order...just great books that I wrote down as they popped into my head...

**Hot Tip:** if you like any particular book on this list, then do an author search on a library database—there will be more fabulous books by that author!

**DON'T FORGET TO GET...** Parent Signature: \_\_\_\_\_