



Sardis Elementary School Newsletter



Chilliwack
School District

January 11, 2019

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JANUARY – I HAVE SELF-CONTROL

Each month we specifically highlight one of the character traits we wish to develop in our students and ourselves. We are starting the new year by focusing on self-control, and we do a review of our Code of Conduct and Behavior Matrix. You can review this with your child by going to our web site at <https://sardis.sd33.bc.ca/code-conduct> .

MEDICINE AT SCHOOL

If you are sending any type of non-prescription medication to school with your child (for colds or allergies, for example), you first need to fill out a form (available at the Office) or at least write and sign a note telling us the dosage and how often your child should take the medication. If your child requires prescription medication at school, there is a special form that must be completed and signed by your doctor. These requirements are for your child's safety. Thank you for your cooperation.

HOT LUNCH – Munch-a Lunch is now open

The online hot lunch program is now open. The February 1st order will close at midnight on January 24th. Go online to <https://munchalunch.com/> .

Friday, February 1 - Pizza

Friday, February 15 - Chopped Leaf

Friday, March 1 - Pizza

Friday, March 15 - The Windmill Deli (new supplier!)



KARATE! Classes begin January 18th

Please register right away for the next session of Karate with Don Sharp. Classes take place in our school Gym on Fridays after school from 2:30-3:30pm, beginning January 18th. New and returning participants should register and pay as soon as possible. There will be 12 after school sessions, and the cost is \$75. The registration form is attached; additional forms are available at the school office.

READY-SET-LEARN Preschool Fair Feb. 7th

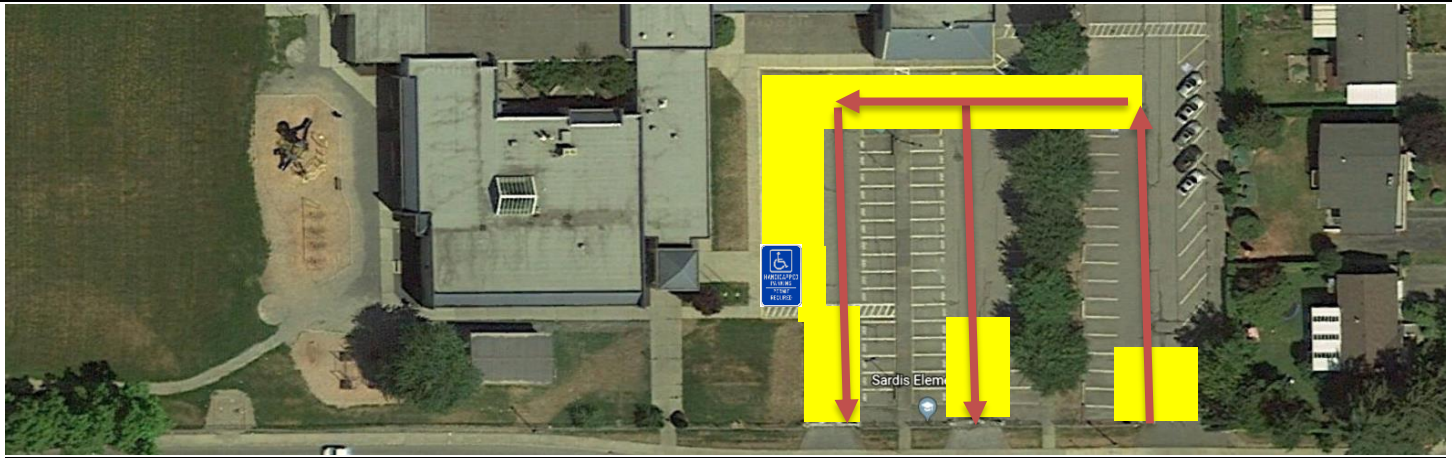
If you or someone you know has a child



who is entering Kindergarten this September, please be aware that Ready-Set-Learn Fairs are happening across Chilliwack over the next few weeks. Sardis is hosting our event on Thursday, February 7th (8:45-10:00am) in the school Library. Everyone is welcome! This is a great way for you and your child to be introduced to the school setting. There will be crafts, snacks, stories, tours, and information for parents and guardians.



If the School District decides on school closures for safety reasons, these will be announced on the district web site (www.sd33.bc.ca), the Sardis school web site (sardis.sd33.bc.ca), on STAR-FM radio (98.3FM), and via direct email. If there is snow or freezing rain, be sure to check if schools are open before sending your child to school. And if the school parking lot is empty at 8:30am, the school is closed, so please do not drop off your child!



WHERE DO I DROP OFF MY CHILD SAFELY?

Does the school parking lot drive you crazy? It may be a result of people stopping and dropping off in places that create slow-downs. On the map above you can see **in yellow** the areas of our parking lot that are clearly marked as **areas we do not want you to stop during pick-up and drop-off times, not even for a moment.**

This is because you will be hindering the flow of traffic and/or preventing our buses from entering the parking lot. This is especially important at peak times (the start of school and the end of school).

“SO...WHERE DO I DROP OFF MY CHILD SAFELY?” You can safely drop off your child anywhere else in our parking lot where your child can safely access the adjacent sidewalks or crosswalks, **as long as you are not blocking vehicles from entering or leaving a parking space or the parking lot.** You can also safely drop off your child along the street **in areas that are not marked with a No Parking sign,**

including several areas on Manuel, Sheffield, and even the big open parking lot at Sardis Park.



Then your child can walk the short distance to the school grounds along the sidewalks. Even better, you could consider teaching your child to walk safely to and from home, perhaps even organizing a group to walk together. This is an important life skill, and the fresh air and exercise are healthy for your child!

Jump Rope for Heart

It's time to jump for healthy hearts! Supporting kids' health for 37 years, Jump encourages kids to be active. The Jump Event Kick-off Assembly is on Monday, January 14th. Students will receive a parent letter and pledge envelope/online information. By fundraising for Jump Rope for Heart (Heart and Stroke Foundation of Canada), you're collecting donations that fund critical research that's saving lives, preventing heart disease and stroke, and supporting survivors and their families. During PE class in February, the students will work on their Jump Rope skills and two students from each class will be selected to participate in the Jump Event on February 14th at lunch.

Did you know that many kids raise twice as much when they fundraise online?

1. Go to www.jumpropeforheart.ca
2. Join your school
3. Set-up your child's fundraising page
4. Share the page by email or on social media with people you know



Please help us reach our school goal of \$2500 before our Jump event. Thank you!

Parent Advisory Council (PAC)

Every parent or guardian of a Sardis student is automatically a member of the Sardis PAC. We encourage you to get involved with this lively and friendly group! They do so much to benefit our students, and they have fun doing it! The next meeting is on **Monday, January 14th at 7:00pm in our Library.** To stay informed, you can also "Like" the "Sardis Elementary PAC" page on Facebook: www.facebook.com/sardiselementary .

PAC EXECUTIVE:	President – Lydia Paulger	VP – Amy Brosinski
	Secretary – Edna Sawatzky	Treasurer – Shauna Graham

Coming events:

Jan. 14	PAC Meeting in Library (7:00pm)
Jan. 24	Grade 5 year-end party planning meeting in Library (7:00pm)
Jan. 25	Professional Development Day at Sardis Elementary (no school)
Feb. 4	Super Reader Assembly (100 nights of reading)
Feb. 5	Happy Lunar New Year!
Feb. 7	READY-SET-LEARN event in Library for in-coming K students (8:45am)
Feb. 8	Spirit Day – Crazy Hat/Hair
Feb. 11	PAC Meeting in Library (7:00pm)
Feb. 18	Family Day holiday (no school)
Feb. 20	Grade 5 Parent Information Night at Vedder Middle School (7:00pm)
Feb. 22	Professional Development Day (no school)
March 14	Spirit Day – Throwback Thursday
March 14	Report Cards go home
March 16-31	Spring Break
April 1	Schools re-open