

Sunday, March 9, 2025

Good afternoon, Sardis Families. It was a bit of an adjustment waking up in the dark this morning, but it will be nice to have the extra hour of light this evening with the time change! Here are some things for you to know as we head into week #28 at Sardis Elementary:

*Mrs. Neufeld and Mrs. Duval's toy sale will be taking place after school on Monday and Tuesday this week. All items will be priced at \$1, \$2, or \$5 so we hope you'll come out to get some fun new things for your house while supporting their trip to Science World at the same time! Thanks to everyone who donated items; we appreciate your support too.

*Mrs. Perkins and students in the Yearbook Club have been working hard to prepare another awesome yearbook! This year we are taking pre-orders so we can ensure we have the right number ordered ahead of time. Your child will be bringing home an order form on Monday, which we are asking to be returned by Friday, March 14th with the \$20 payment if you would like to purchase one.

*Students will be bringing home their Learning Update (term that has replaced 'report card') on Thursday. We hope you'll take time to read this with your child to share in all the growth and success they've experienced this term! Please send the report card envelopes back on Friday so we can reuse them for the final term.

*Friday is the last day of school before Spring Break and we have our Hugo's hot lunch that day for students who have ordered! A reminder that the Shandhar Hut order deadline is during the break, with the cut-off being Wednesday, March 26th for the April 4th hot lunch.

*Friday is also the last day of work for our longtime Supervision Assistant, Ms. Robbie. She has worked with our Intermediate students for the most part, but she has also volunteered her time before her shift to help get the lunch program food ready, put out the parking lot cones, listened to students read, and brought smiles to students and staff with her annual countdowns to Christmas and Summer Vacations. She will be greatly missed but we wish her a happy retirement and time to enjoy with her family!

*The lost and found will be put out this week, beginning on Monday and staying until Friday. Any items left on Friday will be donated to The Community Cupboard, so please come and check the tables if you notice a jacket or hoodie missing from your house. We have a lot of those right now and we'd like to see these reunited with an owner before the end of the week.


*A reminder before the break that our Purdys fundraiser is open, and will be until Tuesday, April 1st, with pick-up of items being Tuesday, April 15th. Just click this link [Easter 2025](#), fill out your info (you'll need an email address), click "Join Campaign", and enter campaign number – 56544. Feel free to share the link with your family and friends and thanks to all of you who have already ordered or registered!

*For those who ordered First Aid kits through the Grade 5 fundraiser, they arrived last week and are available for pick-up at the office.

The Grade 5 Celebration committee will be hosting a Mother's Day plant sale in April so watch for more information coming home after spring break.

*This is a 'save-the-date' for parents of a Grade 5 student; Vedder Middle School is hosting a Parent Night from 6 – 7 pm on Wednesday, May 14th. There will be an opportunity to tour the school and then a short presentation in the gym so you won't want to miss it!

*The Chilliwack Cultural Centre is hosting some Spring Break camps for elementary students. Here is some information, including a bursary application if cost is a concern:

 **Dates:** March 17-21 & March 24-28

 **Location:** Chilliwack Cultural Centre (9201 Corbould Street, Chilliwack)

 **More info & registration:** [Upcoming Classes](#)

We believe that art is an important part of our community and that every child should have the opportunity to explore their creativity, regardless of financial circumstances. To help remove barriers, we also offer bursaries for families who may need assistance with class fees. If you know families who would benefit from this, they can find more details and apply here: [Bursary Application](#)

*A series of spring workshops are being provided, in partnership with the School District and Chilliwack Community Services, that might be of interest to you. Here are the workshops and registration links if you're interested. Space is limited, and registration will close once all spots are filled. Child-minding is available for all workshops.

What age level are the workshops targeting?

Parents with Children of any age can take these courses! Anger CPR and Emotional Adaptability are great for everyone. Parents with kids at all levels would benefit. Circle of Security is truly attachment based, and the philosophy throughout the program is "it's never too late" and "you didn't know what you didn't know, before you knew it." So really, all levels can register!

Circle of Security

Dates: Wednesdays – April 2, 9, 16, 23, 30 & May 14, 21, 28

9:30am-11:30am at Neighborhood Learning Center – 46361 Yale Rd.

A research and relationship-based program that takes much of the guess work out of being a caregiver; improving confidence in recognizing your child's emotional, relational needs; and providing information to help interpret your child's behaviours. Child-minding provided

[Register here](#)

Emotional Adaptability

Dates: Wednesdays – April 16, 23, 30

6:00pm – 8:00pm at Chilliwack Community Services #100 – 46187 Yale Rd.

When we mix our emotions with the experience of others, with updated wisdom about our past stories, and upgraded skills, we become more comfortable and more confident with emotional complexity. In this workshop we explore and re-establish friendly relations with

our kids and our big emotions: Joy, Fear, Sadness, Anger, Shame, and Curiosity. Child-minding provided.

[Register here](#)

Anger CPR

Dates: Wednesdays – May 21, 28 & June 4

6:00pm – 8:00pm at Chilliwack Community Services #100 – 46187 Yale Rd.

Gain awareness of the emotional roots to anger, the difference between anger and aggression, and the steps that take us from frustrated to furious or adaptation. Discover useable ideas about taming tantrums and minimizing meltdowns, yours, and your child's. Child-minding provided.

[Register here](#)

This will be the last Sunday email until March 30th, so I hope you all have a fantastic break and are able to enjoy some time with your family doing what you enjoy! We live in such a beautiful place; I hope to get out and do some biking and walking at the river and hiking on the local trails.

Mrs. Kasper